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**Presents**

**Patient Education**

## **Educating Patients**

- Health Care Goals
- Patient education level
- Materials
- Implementation
- Evaluate / revisit
- ADPIE

## Patient Care Goals

- Review care plan
- Interview patient / caregivers
- Home resources / assistance
- Community resources

## Patient Education Level

- Tailored to patient
- Grade level determination
- SMOG Formula (G.H. McLaughlin)
- 8th grade level or below for adults
- All medical knowledge not equal

## Materials

- Handouts - written to grade level
- Online resources - reliability
  - NIH Medline Plus
  - Mayo Clinic
- A/V resources - facility, community

## Implementation

- Schedule adequate time
- Location, location, location
- Patient and caregivers
- Limit distractions / interruptions
- Take notes

## Evaluate / Revisit

- Evaluation essential
- Prevents errors / misunderstandings
- Materials help reduce errors
- Open ended questions
- Demonstrate competence

## A.D.P.I.E.

- Assess
- Diagnose
- Plan
- Implement
- Evaluate

## Resources

- UC Davis (2009). "Guidelines for preparing patient education handouts." [http://www.ucdmo.ucdavis.edu/one/health\\_education/guide.html](http://www.ucdmo.ucdavis.edu/one/health_education/guide.html).
- McLaughlin, G. H. (1969). SMOG grading-- a new readability formula. *J. Reading*, 12, 639-646.
- Cutilli, C. (2008). "Teaching the geriatric patient: making the most of cognitive resources and gains." *Orthopaedic Nursing* 27:3, 195-198.

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